

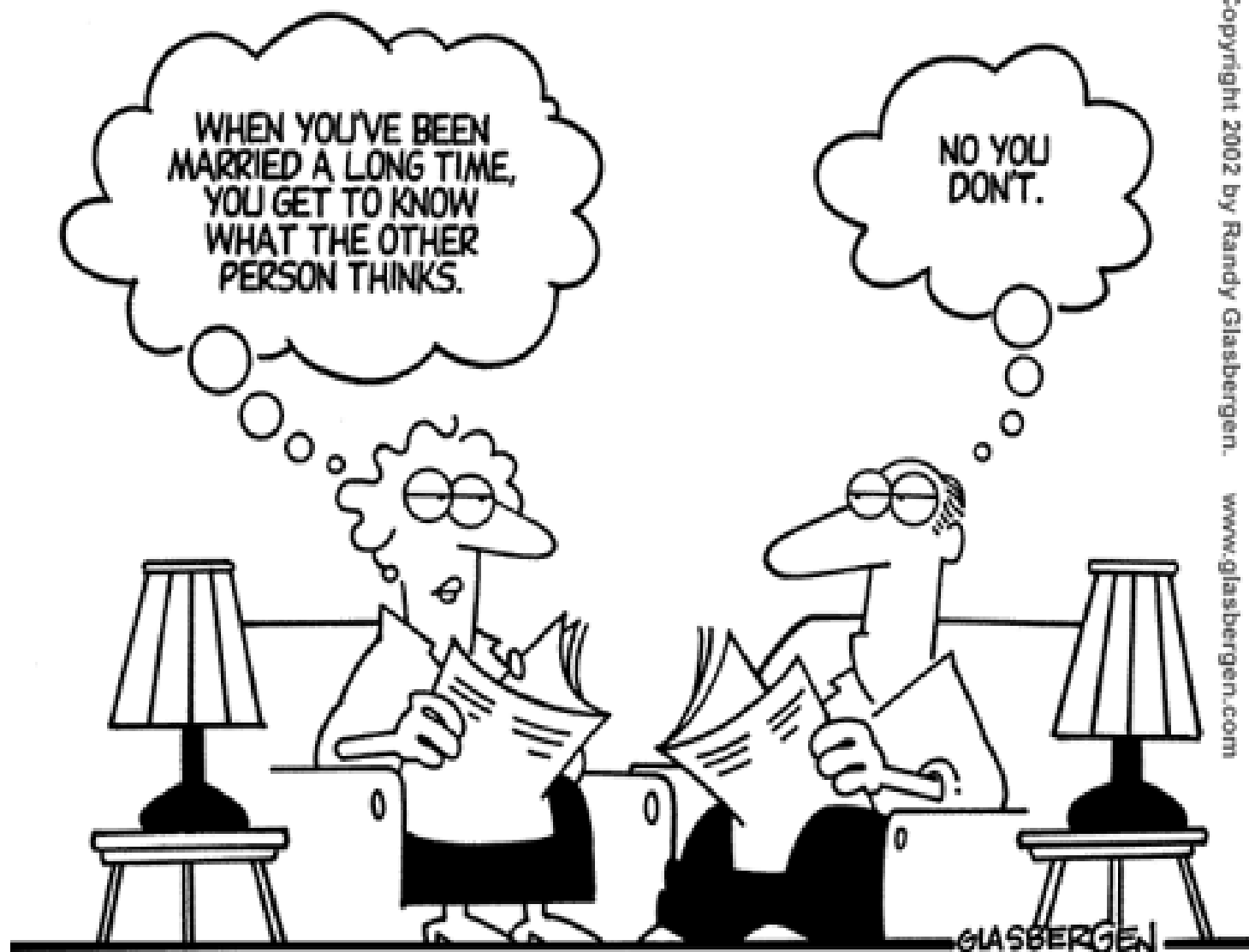
San West Health and Housing Collaborative

Healing Ingredients:

How to Build and Sustain an
Integrated Permanent Supportive
Health and Housing Project in
South Los Angeles

LAC DMH 2011 Housing Institute
June 16, 2011





Copyright 2002 by Randy Glasbergen. www.glasbergen.com

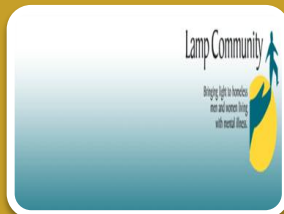


Main Ingredients



A Community of Friends

Lead Agency; Permanent Housing for mentally ill and homeless



Lamp Community

Case Management; Site Management & Supervision



Special Services for Groups/Homeless Outreach Program/Integrated Care System

Substance Abuse Services; Mental Health Services, Clinical Supervision



To Help Everyone Clinic (T.H.E.) Inc.

FQHC; primary health, health literacy/education, prevention, lifestyle, disease management and wellness services

3 Public Policy Areas Contributed to Development of The Community Partnership

- ❖ Monitor health status of residents to identify and solve community health problems.
- ❖ **Mobilize community partnerships and action to identify and resolve health problems in our area (SPA 6).**
- ❖ Evaluate effectiveness, accessibility, and/or quality of personal and population-based health services.



Service Planning Area 6

**View Park/
Windsor Hills**

Los Angeles

**Florence/
Graham**

Willowbrook

Lynwood

**West
Compton**

Compton

**East
Compton**

Paramount



Leading causes of DALY's

(Disability Adjusted Life Years)

South SPA 6

1. **Homicide/Violence**
2. **Coronary Heart Disease**
3. **Diabetes Mellitus**
4. **Alcohol Dependence**
5. **Stroke**
6. **Depression**
7. **Motor Vehicle Accidents**
8. **Trachea/Bronchus/Lung Cancer**
9. **Emphysema**
10. **Osteoarthritis**



Health Disparities

- ★ The average life expectancy for African-Americans is almost 7 years less than that of whites.²
- ★ Proportion of healthy years is significantly lower among African Americans than whites²
- ★ Fifty percent greater prevalence of hypertension than the general population ²
- ★ Kidney failure 4 times more frequent than whites ²
- ★ Despair/Depression



Disease Morbidity Rates among the incarcerated population

- ★ **Chronic Disease** (asthma, higher; diabetes/HTN lower)
- ★ **Mental Illness** (Schizophrenia/psychosis 3-5 times higher; bipolar d/o 1.5-3 times higher)
- ★ **Substance Abuse** (83% prior to offense; 33% at time of offense)
- ★ **High prevalence of Infectious diseases**
 - Active TB (4:1)
 - AIDS (5:1)
 - Hepatitis (9:1)
 - HIV (8-9:1)



Vision

- ★ *The San-West Health & Housing Collaborative will deliver a new model in permanent supportive housing to end homelessness for people with special needs.*



Mission:

- ★ *The mission of the San-West Health & Housing Collaborative is to provide integrated and culturally-relevant services in permanent supportive housing via a multi-agency partnership.*



Our Values:

- ★ **Access** (choice/empowerment) -
providing accessible options
empowers people to live healthy lives
- ★ **Choice** (respect) - everyone's
perspective is relevant
- ★ **Collaboration** – partnerships build on
the strengths of man....and they drive
you crazy



Goals

- ✦ End the cycle of homelessness.
- ✦ Improve physical and mental health status.
- ✦ Help each person achieve the goals of his/her choice.
- ✦ Enhance long-term housing stability.
- ✦ Reduce/eliminate number of hospitalizations.
- ✦ Enhance community integration and maximize self-sufficiency.
- ✦ Increase income and financial stability.
- ✦ Substantially improve quality of life.



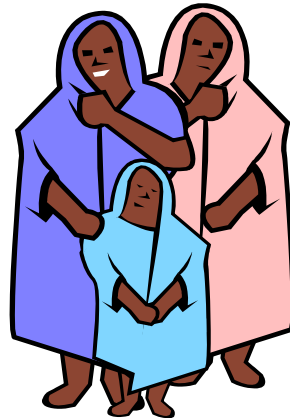
Project Outcomes

- ★ Improvement in functioning through increased access to, and retention in integrated mental health treatment, primary healthcare, substance abuse recovery services provided by interdisciplinary team in permanent supportive housing for individuals who are formally homeless.





Our Community





Questions & Answers

Thank You!

